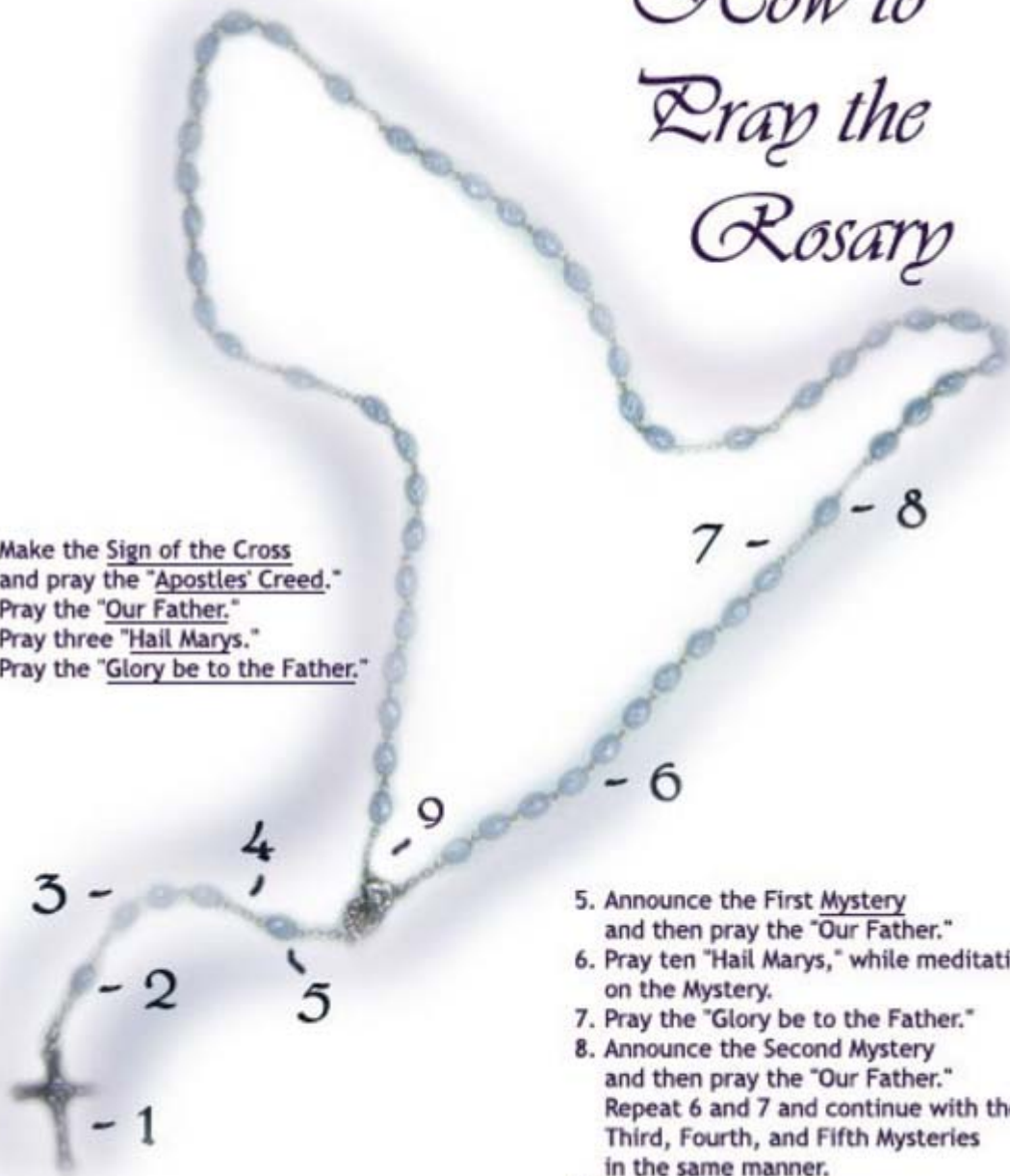


# PRAYING THE ROSARY

## How to Pray the Rosary

1. Make the Sign of the Cross and pray the "Apostles' Creed."
2. Pray the "Our Father."
3. Pray three "Hail Marys."
4. Pray the "Glory be to the Father."



5. Announce the First Mystery and then pray the "Our Father."
6. Pray ten "Hail Marys," while meditating on the Mystery.
7. Pray the "Glory be to the Father."
8. Announce the Second Mystery and then pray the "Our Father." Repeat 6 and 7 and continue with the Third, Fourth, and Fifth Mysteries in the same manner.
9. Say the Hail Holy Queen

Image courtesy of: [www.RosaryADay.com](http://www.RosaryADay.com)

**The sign of the Cross:** In the name of the Father, and of the Son, and of the Holy Spirit. Amen

**The Glory Be:** Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and every shall be. Amen

# THE MYSTERIES OF THE ROSARY

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## **THE FIVE JOYFUL MYSTERIES**

(use on Mon, Thurs & Sun of Advent)

1. The Annunciation
2. The Visitation
3. The Birth of Jesus
4. The Presentation of Jesus in the temple
5. The Finding of the Child, Jesus in the temple

## **THE FIVE SORROWFUL MYSTERIES**

(use on Tues, Fri & Sun of Lent)

1. The agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The carrying of the Cross
5. The Crucifixion and Death of Jesus

## **THE FIVE LUMINOUS MYSTERIES**

(use on Thurs in place of Joyful Mysteries)

1. The Baptism in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom Of God
4. The Transfiguration
5. The Institution of the Eucharist

## **THE FIVE GLORIOUS MYSTERIES**

(use on Wed, Sat. & remaining Sun of the year)

1. The Resurrection
2. The Ascension
3. The Holy Spirit Comes upon the the Apostles
4. The Assumption of Mary into heaven
5. The Coronation of Mary, Queen of Heaven and Earth

**The Apostle Creed:** I believe in God, the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, Our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was Crucified, died and was buried. He descended to the dead. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of Saints, the forgiveness of sins, the Resurrection of the body, and life everlasting. Amen

**Hail Holy Queen:** Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve, to you do we send up our sighs, mourning and weeping in the valley of tears. Turn then, most gracious advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary

**V.** Pray for us, O Holy Mother of God **R.** That we may be made worthy of the promises of Christ

**V.** Make me worthy to praise you, holy Virgin **R.** Give me strength against your enemies.

**V.** Blessed be God in His saints **R.** Amen