

Curriculum Guidelines for the Sacrament of Confirmation

1. The Creed as Profession of Faith (CCC 185-187)

Apostles' Creed compared with the Nicene Creed (194-195, pp. 49-50)

The Trinity as the central mystery of our faith (257-267)

God as Father (238-240)

The Paschal Mystery: the saving significance of Christ's death and resurrection (654-655, 658)

Christ's redemptive death in God's plan of salvation (599-623)

The Holy Spirit's role in the sacraments (1133)

The Immaculate Conception of Mary (490-493)

The Communion of Saints (946-948)

Ability to select a favorite Gospel story and relate it to one's own life.

2. The Church and Our Participation in it.

Images of the Church: People of God (781-786), Body of Christ (787-795), Temple of the Holy Spirit (797-801)

The outpouring of the Holy Spirit upon the Church on Pentecost (731-732, 1076)

Four Marks of the Church: One, Holy, Catholic, Apostolic (811-812, 866-870)

The Hierarchy of the Church (874-882)

Distinguish public prayer of the liturgy from private personal prayer

Ability to name features of our Catholic identity

3. The Sacraments and the Life of Grace

Name the seven sacraments from memory (1210)

Identify the three categories into which the sacraments can be placed. (1211)

Define Grace (1996-2005, 2021-2024)

Define sacrament (1131)

The sacraments are “by” and “for” the Church (1113-1134)

Ability to articulate and appreciate one’s participation in the sacramental life of the Church

4. The Sacrament of Baptism

Define Baptism (1277)

Infant Baptism as an immemorial tradition of the Church (1250-1252)

Baptism is the source of responsibilities, duties and rights (1267-1274)

Identify the principal symbols of Baptism and what they signify (1234-1245)

Explain the role of godparents

5. The sacrament of Confirmation

Explain the anointing with chrism in the Confirmation rite (1294-1296)

Identify the significance of being “sealed with the Holy Spirit” (1295-1296)

Name and briefly explain the seven gifts of the Holy Spirit (1831)

Explain what it means for Confirmation to imprint an indelible spiritual mark on the soul (1304, 1317)

Confirmation completes the sacraments of initiation (1285)

Identify what is necessary to prepare oneself to receive the sacrament of Confirmation (1309-1311)

Identify the effects of the sacrament of Confirmation (1302-1303)

Ability to explain the selection of one’s Confirmation name.

6. The Eucharist is “the source and summit of the Christian life”

Identify the meaning of the word Eucharist (1360)

Name the two parts of every Eucharistic liturgy (1346)

Identify the key seasons of the liturgical calendar (1168-1171, 1194)

The importance of the memorials of the saints and martyrs (1172-1173, 1195)

The Real Presence of Christ in the Eucharist (1374-1377)

The Mass as a re-presentation of Christ’s sacrifice on the cross (1362-1367)

The Mass as a sacred banquet (1382-1388)

Ability to articulate the significance of the Mass for the life of the confirmand

7. Discipleship

List the Ten Commandments in order (CCC pp. 496-497)

Identify the Beatitudes (Matt 5:3-10, 1716, 1725-1727)

Identify and briefly explain the Theological Virtues (1812-1829, 1840-1844)

Definition of sin (1846-1853, 1870-1873)

Mortal sin, venial sin (1855-1866, 1874-1876)

Stewardship and care for God’s creation (2415-2418, 2456-2457)

Church’s love for the poor (2443-2448)

Ability to recite the Our Father, Hail Mary, Glory Be from memory (2759, 2676-2677)

Ability to articulate personal prayer practices

Understanding one’s life as a witness to the gospel and a disciple of Jesus Christ