

## CATHOLIC MORAL LIFE AND DECISION MAKING

### Session Description:

This session examines Catholic moral principles through which we are called to make daily decisions in our lives in relationship to God and to one another.

### Focus of the Session:

"Coming to see in the faith their new dignity, Christians are called to lead henceforth a life 'worthy of the gospel of Christ.' They are made capable of doing so by the grace of Christ and the gifts of his Spirit, which they receive through sacraments and through prayer (CCC #1692)."

### Content:

In conducting this session the instructor will:

1. Present basic Catholic moral teachings, including the dignity of the human person, free will, virtue, sin and the development of conscience.
2. Present the Ten Commandments, the Beatitudes, and the Precepts of the Church as standards of moral behavior.
3. Recognize the role of grace and the sacraments in living the moral life.
4. Discuss the personal and social consequences of sin.
5. Present a methodology for making a moral decision.

### Learning Outcomes:

As a result of this session, the catechist will:

1. Understand how a Christian develops an informed conscience, and the responsibility to do so.
2. Realize the effects of sin.
3. Develop a deeper understanding of the Commandments, the Beatitudes, and the Precepts of the Church.
4. Understand the process of moral decision making.

### References:

- *Catechism of the Catholic Church*: Part Three, Section One: "Man's Vocation": Life in the Spirit" (#1699-2051)
  - *Precepts of the Church*: (CCC #2032-2051)
- *National Directory for Catechesis*: pp. 163-168, 171-173