

The Sacrament of Confirmation Components of the Preparation Process

Suddenly, or so it seems, a child becomes a young adolescent. At this exciting and often challenging stage, parental love and support are especially necessary. The focus in the teen's self-discovery process is the recommitment to the call to live more deeply as a Christian disciple.

Through the sacrament of Confirmation, the young person affirms that, with the gifts and fruits of the Holy Spirit, they want to live a Christian life as a Catholic, bearing witness to Christ in the world.

The reception of the sacrament presupposes a developing understanding of the responsibility to bring good news to the poor and oppressed, bring comfort to the sick, uphold the sacredness of life, and work for justice and peace in society.

Parents and young people are encouraged to make this decision together in prayer, honest reflection, and discernment. The young person, with parental guidance, needs to freely choose to confirm the promises of belief made at their Baptism.

Components of 1st year preparation:

- Families begin the discussion and choice of a Sponsor for Confirmation.
- Young person participates in all scheduled religious education classes.

Components of 2nd year preparation:

- Mandatory parent and teen formation meeting.
- Completion of all required paperwork by teen.
- Young person participates in all scheduled religious education classes.
- Sponsor participates in religious education classes where their attendance is required. If Sponsor is unavailable, a Parent must attend.
- Attendance and active participation in the Confirmation Retreat.
- Service to others is part of a Christian life. Service projects are expected.