

RETREAT

What is a “Jesus Day” Retreat?

“Jesus Day” is a fun name given to the retreat for 2nd graders preparing for First Holy Communion. It usually lasts 3 to 4 hours, but could be longer.

- ❖ Start with a theme, such as *Jesus is Manna*. Find scripture references, i.e. I am the Bread of Life. Incorporate these into the opening and closing prayer services.
 - Build a team to assist with theme development. Brainstorm as a group: registration, food, music, prayer, activities (crafts, skit, church tour).
- ❖ Invite parents to lead each part of the day and other parents and older siblings to be workers. Confirmation Candidates could use this as a service project.
- ❖ Invite non-participating parents to attend closing prayer and food sharing at the end of the retreat.
- ❖ Attend Mass together.