

CONFIRMATION LEARNING OUTCOMES

YEAR 2

1st Semester: Finding A Home In The Catholic Church (Part 2)

The goal of this section is to discover the responsibilities of belonging to the Catholic Church.

1. Theme: Four Marks of the Church (CCC 811-812, 866-870)

The object of theme is to invite candidates to explore the Marks of the Church.

a) *One True Church* (CCC 813-822, 866)

- Discuss what this Mark of the Church means.
- Explore how this Mark of the Church identifies us.

b) *Apostolic & Catholic* (CCC 857-865, 869) (CCC 830-856, 868)

- Discuss what these Marks of the Church mean.
- Explore how these Marks of the Church identify us.

c) *The Church is Holy* (CCC 823-829, 867)

- Discuss what this Mark of the Church means.
- Explore how this Mark of the Church identifies us.

2. Theme: Precepts of the Church (CCC 2041-2043)

The objective of this theme is to help candidates create habits for participating in the community of faith.

a) *Attend Mass on Sundays and on holy days of obligation.*

- Why is this activity important?
- What are some of the obstacles for not participating?
- What am I going to do so I can participate?

b) *You shall confess your sins at least once a year.*

- Why is this activity important?
- What are some of the obstacles for not participating?
- What am I going to do so I can participate?

c) *Receive the sacrament of the Eucharist at least once during the Easter season.*

- Why is this activity important?
- What are some of the obstacles for not participating?
- What am I going to do so I can participate?

d) *Observe the days of fasting and abstinence established by the Church.*

- Why is this activity important?
- What are some of the obstacles for not participating?
- What am I going to do so I can participate?

- e) *Help provide for the needs of the Church.*
- Why is this activity important?
 - What are some of the obstacles for not participating?
 - What am I going to do so I can participate?

3. Theme: Living the Moral Life

The objective of this theme is to help candidates contribute to community by reflecting on the moral teachings of the Catholic Church.

- a) *Ten Commandments* (begins on page 496 of the CCC) (Exodus 34)
- Identify the liberating virtue in each commandment.
 - Explain how that virtue gives life.
- b) *The Beatitudes* (revisit Matthew 5:3-10) (CCC 1716, 1725-1727)
- Identify the liberating virtue in each beatitude.
 - Explain how that virtue gives life.
- c) *The Works of Mercy* (CCC 2447, 2463) (Lk 17:19-31, Mt 25:45)
- Identify the liberating virtue.
 - Explain how that virtue gives life.

4. Teaching Safety: Empowering God's Children

The object of this theme is to comply with the safe environment program to build on the basic concepts of teaching boundaries and safety. For themes and teaching instructions, consult the VIRTUS program on the Rockford Diocese Catholic Education webpage.

2nd Semester: Celebrating the Sacrament of Confirmation

The goal of this section is to guide the candidates into a deeper understanding of the relationship between the sacraments of initiation and their vocation to live as missionary disciples.

1. Theme: Sacraments of Initiation

The objective of this theme is to show the candidates the effects of participating in the sacramental life of the Church.

- a) *Experiencing God's Love in the Church*
- What are the Sacraments? (CCC 1210)
 - What is a Sacrament? (CCC 1131)
 - What three categories are sacraments placed (CCC 1211)
 - What is the Holy Spirit's role in the sacraments? (CCC 1133)
- b) *Sacrament of Baptism*
- Explain the Baptism of our Lord and his entrance into service of the Father. (CCC 1286) (Mt 4:13-17, Mt 5:12-25)
 - Explore Baptism in the church, its restoration to a relationship with God, and a willingness to follow God's will for one's life. (CCC 1253-1274)

c) *Sacrament of Confirmation*

- Present the meaning of Confirmation. (CCC1302-1305, 1316)
- Explain what the Holy Spirit does for the candidates. (CCC 1287)
- Discuss how the Gifts of the Holy Spirit are experienced in the lives of the candidates. (CCC 1831) (Is 11:1-2)
- Explore how the Fruits of the Holy Spirit are recognized in the lives of the candidates. (CCC 736, 1832) (Gal 5:22-23, Jn 15:16)
- Reflect on the experience of being sealed by the Holy Spirit and sent into the world.
 - Significance of being “sealed with the gift of the Holy Spirit”. (CCC 1295-1296)
 - The effects of Confirmation (CCC 1302-1303)
 - What it means for Confirmation to imprint an indelible spiritual mark on the soul. (CCC 1304, 1317)
 - The signs, symbols and gestures of the confirmation rite; and who the ministers, and recipients are. (CCC 1293-1300, 1312-1314, 1320)

d) *Sacrament of Eucharist*

- Explore the meaning of the word Eucharist. (CCC 1360)
- Define the parts of every Eucharistic liturgy. (CCC 1346)
- Review the key seasons of the liturgical calendar. (CCC 1168-1171, 1194)
- Discuss the Real Presence of Christ in the Eucharist. (CCC 1374-1377)
- Participate in a teaching Mass as a re-presentation of Christ’s sacrifice on the cross. (CCC 1362-1367)

2. Theme: Making a Difference as Disciples

The objective of this theme is to nurture, encourage, and prepare the candidates for being sent into the world as a missionary disciple.

a) *Regular Mass Attendance*

- Explain how Mass prepares us to be sent into the world.
- Practice how to prepare for Mass.

b) *Regular Reconciliation*

- Explain why it is important to foster a friendship with God.
- Discuss what it means to be a person of faith who strives to live in peace with one another.
- Identify ways to contribute to community.

c) *Living the Life of Discipleship* (CCC 787-789, 1695-1696) (Mt 7:12, Mt 25:34-46, Lk 10:25-37)

- Develop the life of prayer and sacramental grace to bear fruit in the kingdom of God. (personal)
- Live the life of mission. (CCC 940-943)
- Following in the footsteps of my Patron Saint: Through prayer and reflection, how will my Patron Saint be a role model for me? (personal)
- Outreach to others. (CCC 10369)
- Witness your faith. (personal)
- Be an instrument of God’s love. (personal)

Retreat

In order to grow in spiritual maturity it is customary for confirmation students to experience a retreat of some kind in order to grow in their relationship with God and the church. A retreat experience will assist in equipping the students to go out and reach the farthest corners of the world in the name of Christ and his Church.

Service Projects

In order to witness their faith it is customary for confirmation students to experience opportunities for service in order to grow in their Christian discipleship.