

## GRADE 7

At the end of seventh grade youth will be able to:

### Understand the Creed

Explain man's role in relationship to God CCC 1-3  
Explain man's desire for God CCC 27-30, 44

### Describe how God is revealed the Sacred Tradition

Explain God's revelation of Himself as one true God  
CCC 32-35  
Explain how God reveals Himself to us  
CCC 50-64, 68-72  
Explain how God is revealed through Sacred  
Tradition CCC 84-87, 96-98  
Explain how God is revealed through Scripture  
CCC 84-87, 96-98

Describe God's covenant with the human family  
CCC 64, 70

Tell covenant story of Noah CCC 56-58, 71  
Tell covenant story of Abraham CCC 59-60, 72  
Tell covenant story of Moses CCC 62-64, 72  
Define faith CCC 150-165, 179  
Define Trinity CCC 253-256, 261

### God the Father

Describe God as truth and love CCC 214-221, 231  
Describe the way God acts as loving parent  
CCC 270, 275-278  
Tell the story of creation, fall and promise  
CCC 355, 385, 410-411  
Tell how male and female were created in the image  
of God CCC 369, 373, 383  
Tell how creation is God's gift of love  
CCC 295, 321  
Describe the role of angels as servants and  
messengers CCC 329, 350  
Tell how the world was created for the glory of God  
CCC 293-294  
Describe how we become co-creators with God  
CCC 372

### Jesus Christ

#### Know and relate the stories of Jesus' life

Tell stories of Jesus' birth, death and resurrection  
CCC 525-526, 571-655  
Birth - Matthew, 1:18-12; Luke 2:1-20  
Death - Matt 27:33-61;  
Mark 15:22-47; Luke 23:33-50;  
John 19:16b-42  
Resurrection - Matt 28:1-10;  
Mark 16:1-8; Luke 24:1-12; John 20:1-29  
Tell story of Jesus' ascension CCC 659-679  
Acts 1:6-12

Know the story of John the Baptist  
Matthew 3; Mark 1:1-8; Luke 3:1-20  
CCC 717-720

Know the story of the Baptism of Jesus  
Matt 3:13-17; Mark 9:11; Lk 3:21-22

Tell stories of Jesus' parables CCC 546  
Tell stories of Jesus' miracles CCC 547-550  
The Wedding at Cana John 2:1-11  
The Feeding of the Five Thousand  
Matthew 15:31-21  
Mark 6:34-44  
The Feeding of the Four Thousand  
Mark 8:1-10  
The Return of the Twelve and the Feeding  
of the Five Thousand  
Luke 9:10-17

The Multiplication of the Loaves and  
Fishes John 6:1-15  
The Raising of Lazarus John 11:1-44

Describe the beginning of Jesus' public life/ministry  
CCC 535-560

The Sermon on the Mount Matt 5-7  
The Transfiguration Matt 17:1-8;  
Mark 9:2-8; Luke 9:28-36

Describe how Jesus is still present to us  
CCC 737-741, 747

Define the meaning of Son of David  
CCC 437, 439

Define the meaning of Messiah CCC 436, 452

Describe how Jesus healed and forgave others  
CCC 517, 587-589, 594, 1507

The Cleansing of the Leper  
Matthew 8:1-4  
Mark 1:40-45  
Luke 5:12-16

The Healing of a Paralytic  
Matthew 9:1-8  
Mark 2:1-12  
Luke 5:17-26

Cure on a Sabbath John 5:1-18  
The Man Born Blind John 9:1-41

Tell of Jesus' Exorcisms

The Cure of a Demoniac  
Mark 1:21-28  
Luke 4:31-37

The Healing of a Boy with a Demon  
Matthew 17:14-20  
Mark 9:14-29  
Luke 9:37-43

Describe how and why Jesus suffered and died for us  
CCC 606-618, 623

Describe Jesus as model CCC 520, 561

Explain how Jesus fulfills the covenant  
CCC 422-424, 452-453  
Describe Jesus' life, death, resurrection as  
conquering death CCC 596, 618-623  
Define Incarnation CCC 463-464, 483

### **Holy Spirit**

Identify the Holy Spirit CCC 685  
Describe the role of the Holy Spirit CCC 688  
Describe the presence of the Holy Spirit at creation  
CCC 703-704  
Describe the presence of the Holy Spirit at the  
Baptism of Jesus CCC 717-720  
Describe the presence of the Holy Spirit at Pentecost  
CCC 731-732  
Acts 2:1-13  
Describe the presence of the Holy Spirit in the  
Church today CCC 737-749  
Identify the Holy Spirit as unifier and sanctifier  
CCC 737-739, 747

### **Holy Catholic Church**

#### **Know that the Church is founded by Christ**

Describe the Church as founded by Christ  
CCC 763, 766, 778-779  
Life in the early Church Acts of the Apostles  
CCC 2623-35  
Acts 2:42-47; 4:32-37  
Paul's conversion CCC 442  
Acts 9:1-9  
Paul's epistles/communities  
I & II Corinthians, Galatians,  
Ephesians, Philippians, Colossians, I & II  
Thessalonians, I & II Timothy,  
Philemon  
Paul's 3 Missionary journeys  
Acts 13-14  
Acts 15:36-18:22  
Acts 18:23-20:38  
Martyrdom of Peter and Paul  
CCC 1258, 2473  
Martyrdom of Stephen Acts 6-7  
Persecutions of the Church Acts 8:1-3  
Identify Church as a hierarchical society  
CCC 871-892, 934-945  
Explain the role of Pope, bishop, cardinal, priest,  
deacon, laity CCC 871-945  
Define Church as Body of Christ  
CCC 787-796, 805-807  
Define Church as Temple of the Holy Spirit  
CCC 797-798, 809  
Define Church as People of God  
CCC 781-782, 802-804

#### **Identify and describe the four marks of the Church**

Name and explain the Four Mark of Church  
CCC 811-870, 866-869  
Identify the way the Four Marks are visible  
CCC 771, 779

#### **Describe the Church as missionary**

Explain the missionary nature of Church  
CCC 830-856, 866-869  
Know the names and mission of the twelve apostles  
Mark 3:13-19  
CCC 858  
Explain Church as a sign of the Kingdom of God  
CCC 769-780

### **Mary**

Explain Mary as model of faith  
CCC 494, 967-968

#### **Understand the Immaculate Conception, Annunciation, and Assumption**

Define the Immaculate Conception  
CCC 490-493, 508  
Define Assumption CCC 966, 974  
Define the Annunciation CCC 484, 490-494  
  
Explain why we call Mary the Mother of All  
CCC 963-070, 974-975  
Name Mary as Mother of Jesus, Mother of God  
CCC 466, 480-509  
Explain Mary's role in the Church today  
CCC 971

### **Communion of Saints**

#### **Describe Communion of Saints**

Explain communion of saints CCC 946-962  
Define canonized saint CCC 828, 867  
St. Dominic Savio

### **Resurrection of the body and life eternal**

Define eternal life CCC 1023  
**Explain purgatory and hell**  
Define purgatory CCC 1030-1032, 1054  
Define hell CCC 1033-1037, 1056-1058

### **Understand Scripture**

#### **Bible**

Explain the Bible as a collection of books  
CCC 105-108, 120  
Explain the main divisions of the Bible  
CCC 120-130  
Name the books of the Old Testament  
CCC 120

#### **Identify the Books of the New Testament**

Name the books of the New Testament  
CCC 120

Know the meaning of Gospel  
CCC 571, 124, 514

Know the Synoptic Gospels  
Matthew, Mark, Luke

Know the Characteristics of the  
Evangelists/Gospels  
Sts. Matthew and John were disciples of  
Jesus; Sts. Mark and Luke were disciples of  
the Apostles  
Each wrote for a different audience –  
Matthew and John wrote for Jewish  
Christian audience. Mark for the  
Christians of Rome and Luke for Gentile  
Christians

## **Understand Worship and the Sacraments**

Define sacrament CCC 774

Describe sacraments as a special kind of sign  
CCC 1087, 1131

Describe sacrament as having specific rites  
CCC 1134, 1140-1142

Define sacraments as holy actions giving strength  
CCC 1076, 1116, 1123, 1133, 1151

Define sacrament remembering Jesus' presence  
CCC 1088, 1084-85, 1115, 1127

Describe how a sacrament fulfills a spiritual need  
CCC 1114-1115, 1122-23, 1130-1134

Name the seven sacraments of the Catholic Church  
CCC 1113, 1210

Name the three sacraments of initiation  
CCC 121, 1533

Name the two sacraments of healing  
CCC 1421

Name the two sacraments of vocation  
CCC 1534

## **Baptism**

Define the sacrament of Baptism  
CCC 1213

Explain Baptism as initiation into new life  
CCC 1214-1215, 1236, 1275-1277

Explain Baptism as a sacrament of welcome  
CCC 1213, 1277

Name signs, rites, minister and effects of Baptism  
CCC 1234-1244. 1256, 1284

Identify who is eligible to be baptized  
CCC 1246-1249

Explain role of godparents, parents, parish in the  
celebration of Baptism  
CCC 1253, 1255-56, 1277, 1279-84

Discuss Baptism as entering into a relationship with  
God CCC 1265

Explain Baptism as being freed from sin through

water and the Spirit CCC 1262-1266

Describe the responsibility of the baptized  
CCC 1269-1271, 1273

Identify the Baptismal promises CCC 1237

## **Confirmation**

Define the sacrament of Confirmation CCC 1285

List and define the signs of Confirmation  
CCC 1293-1296

Describe the specific rites of Confirmation  
CCC 1297-1301

Describe the effects of Confirmation CCC 1302-1305

Describe the responsibility of the confirmed  
CCC 1309-1311

Describe the responsibility of the confirmation  
sponsor CCC 1311

Explain who administers the sacrament of  
Confirmation CCC 1312-1314

Name the gifts and fruits of the Holy Spirit  
CCC 1831-1832

Define Holy Chrism and explain its use  
CCC 1297

## **Eucharist**

### **Identify the Eucharist as celebration, sacrificial and memorial**

Define the sacrament of Eucharist CCC 1322

Define Eucharist as memorial of Jesus' passion,  
death, resurrection CCC 1323

List and define the different names we use for  
Eucharist:  
Lord's Supper CCC 1329  
Breaking of bread CCC 1329  
Eucharistic Assembly CCC 1329  
Memorial CCC 1330  
Holy Sacrifice CCC 1330  
Holy Communion CCC 1331  
Holy Mass CCC 1332

Understand Eucharist as a reminder of our unity with  
one another in Christ CCC 1324-1327

Explain/define the signs of Eucharist  
CCC 1333-1336

Tell the story of the first Eucharist, Last Supper  
CCC 1337-1344

Explain Eucharist as the new Passover Meal  
CCC 1339

Describe Eucharist as a celebration  
CCC 1345-1347

Define Eucharist as thanksgiving and praise to the  
Father CCC 1359-1361

**Identify and discuss the Real Presence of Jesus in the Eucharist (Adoration)**

Define Eucharist as sacrificial memorial of Christ and  
His Body CCC 1362-1372

Understand Christ's presence in the Eucharist  
CCC 1373-1381

Understand the Church as the proper place for the liturgical prayers of the Church community and for adoration of the real presence of Christ in the Blessed Sacrament CCC 2691, 2696

#### **Actively participate at Mass**

Understand who may receive Eucharist CCC 1244, 1384-1390

Understand how frequent Holy Communion helps keep us close to Jesus CCC 1391-1405

Explain parts of the Mass CCC 1345-1355

Explain gestures, vestments, vessels of the Mass CCC 1189, 1145-1162

Explain why we kneel and genuflect or bow in Church CCC1155

Show proper respect and reverence for the Blessed Sacrament

Name the colors for the Liturgical Seasons CCC 1163-1171

List the visible signs evident in the physical Church CCC 1182-1186

#### **Penance and Reconciliation**

Define Penance as a sacrament CCC 1423, 1442

Define Penance as the sacrament of conversion CCC 1423, 1426-1432

Define Penance as the sacrament of Confession CCC 1424

Define Penance as the sacrament of forgiveness CCC 1424

Define Penance as the sacrament of Reconciliation CCC 1423

#### **Know Penance as fasting, prayer and almsgiving**

Define the 3 forms of Penance in Christian life: fasting, prayer, and almsgiving CCC 1434-1439

Explain why people confess to a priest CCC 1441-1442, 1455-1467

Describe the signs of Reconciliation CCC 1449, 1480

Define the effects of the Sacrament of Reconciliation CCC 1468-1470, 1496

Explain how the Sacrament of Reconciliation is celebrated CCC 1480-1484

Tell the history of the Sacrament of Reconciliation CCC 1447

#### **Anointing of the Sick**

Define Anointing of the Sick as a sacrament CCC 1499

Explain who may receive this sacrament CCC 1511-1515

Explain who ministers the Sacrament of Anointing of the Sick CCC 1516

Explain how the Sacrament of Anointing of the Sick is celebrated CCC 1517-1519

Explain the effects of the celebration of the Sacrament of Anointing of the Sick CCC 1520-1523

Define and explain Viaticum CCC 1524

#### **Holy Orders**

Define the Sacrament of Holy Orders CCC 1536

List and explain the visible signs of Holy Orders CCC 1538

Explain the history of Holy Orders CCC 1538

Describe the rites of the Sacrament of Holy Orders CCC 1573, 1586-1589

Name the degrees of Holy Orders CCC 1536-1554

Describe the role of bishop, priest, deacon CCC 1555-1571

Explain who is eligible to receive the Sacrament of Holy Orders CCC 1577-1580

Define celibacy CCC 1579

Explain the effects of the Sacrament of Holy Orders CCC 1581-1584

#### **Matrimony**

Define the Sacrament of Matrimony CCC 1601

Explain who is eligible to receive the Sacrament of Matrimony CCC 1609-1617

Describe the celebration of the Sacrament of Matrimony CCC 1621-1632

Define divorce and its relationship to the Church CCC1639-1640, 1644

Describe the married couple as a sign of God's deep love CCC 1644-1647, 2360-2372

Define the family as the "domestic Church" CCC 1655-1658, 1666

#### **Sacramentals**

Define the term sacramental CCC 1667

Define the characteristics and forms of sacramentals CCC 1668-1673

#### **Understand Morality**

##### **Beatitudes**

##### **Identify and explain the Beatitudes**

Identify Beatitudes as the central proclamation of Jesus' teaching CCC 1716

Identify how Beatitudes reveal the meaning and goal of human acts CCC 1718-1729

Name the scripture source of the Beatitudes CCC 1716

Matthew 5:1-12

Memorize the Beatitudes CCC 1716

## **Dignity of Human Being**

Know that each person is made in the image and likeness of God CCC 1700

Define sin as making wrong choices CCC 1730, 1849-1850, 1868-1869, 1872-1876

Understand sin as a free and deliberate violation of moral law CCC 1849-1853, 1874

Understand the difference between venial and mortal sin CCC 1854-1864, 1871-1876

Name the three conditions for a sin to be mortal CCC 1857-1859

Understand the relationship between sin and penance CCC 1450-1460, 1490

Describe how original sin affects all nature CCC 400-409, 418-419

Understand conscience CCC 177-1782, 1795

Understand the ways and means to develop a well-formed conscience CCC 1783-94, 1798

## **Define cardinal virtues and theological virtues**

Understand virtue CCC 1803-1804, 1833

List and define the cardinal virtues CCC 1805-1809, 1834-1838

List and define the theological virtues CCC 1812-1829, 1840-1844

Integrates the virtues of charity, honesty, respect and chastity

## **Moral Law and Grace**

### **Explain sanctifying, actual and habitual grace**

Define grace as God's presence in us CCC 1996-1997, 2017, 2023-2024

Identify grace as an effect of sacraments CCC 1996-2005

Define sanctifying grace, actual grace and habitual grace CCC 1999-2000, 2023-2024

Identify the teaching authority (Magisterium) of the Church regarding moral laws CCC 2032-36, 2049

Define infallibility CCC 2035

Name the authentic teachers of the Church CCC 2034, 2050-2051

Understand the six precepts of the Church CCC 2041-2046, 2048

## **Greatest Commandment**

Name the two great commandments CCC 2055, 2083

Name scripture reference for the two greatest commandments CCC 2055

## **Decalogue**

### **Demonstrate Christian values through action**

Name the Ten Commandments CCC 2051-2052

Identify scripture references for Decalogue CCC 2057

Identify God's self-revelation in teaching/laws

CCC 2058-2059

Understand the relationship of the commandments to the covenant CCC 2060-2063

## **First Commandment**

Identify the first commandment CCC 2083

Define adoration/honor as it relates to God CCC 2095-2097

Understand idolatry CCC 2112-2113, 2141

Understand atheism CCC 2123-2126, 2140

Understand superstition CCC 2111, 2138

## **Second Commandment**

Identify the second commandment CCC 2142

Identify what the second commandment prescribes CCC 2142-2146

Understand blasphemy CCC 2148, 2162

Understand false oaths CCC 2150, 2163

Understand perjury CCC 2152, 2163

## **Third Commandment**

Identify the third commandment CCC 2168-2189

Describe the importance of going to Mass CCC 2175-2186

Identify ways of keeping the Lord's Day holy CCC 2180-2188

Name holy days of obligation CCC 2177

## **Fourth Commandment**

Identify the fourth commandment CCC 2196, 2247

Define the primary obligation of the fourth commandment CCC 2197

Identify the duties of children CCC 2214-2220

Identify the duties of parents CCC 2221-2231

## **Understand the duties of civil authority and citizens**

Identify the duties of civil authority CCC 2235-2237

Identify the duties of citizens CCC 2238-2243

## **Fifth Commandment**

Identify the fifth commandment CCC 2258

Explain why human life is sacred CCC 2258

Explain Church teachings on respect for health CCC 2288-2291

Explain Church teachings on murder, abortion, euthanasia and suicide CCC 2268-2283

Describe the effects of anger and hatred CCC 2302-2303

Describe the effects of scandal CCC 2284-2287  
Define peace according to God's law CCC 2304-2305

Define the strict conditions for legitimate defense by the military force CCC 2309

## **Sixth Commandment**

Identify the sixth commandment CCC 2331  
Define chastity CCC 2338, 2248-2250, 2395  
Explain God's plan for human sexuality  
CCC 2331-2336

### **Seventh Commandment**

Identify the seventh commandment CCC 2041, 2450  
Explain what the seventh commandment requires  
CCC 2451

Catholic Social Teaching – 7 Themes

CCC 2419-2436

Life and Dignity of the Human Being

Call to Family, Community Participation

Rights/Responsibilities

Option for the Poor

Dignity of Work

Solidarity

Care for God's Creation

Identify various forms of theft CCC 2409-2414

Explain the moral obligation to take care of God's  
creation CCC 2415-2418, 2356-2457

### **Identify and explain the corporal and spiritual works of mercy**

Name the spiritual and corporal works of mercy by  
which we care for our neighbor CCC 2447

### **Eighth Commandment**

Identify the eighth commandment CCC 2464, 2504

Define truth CCC 2467-2468

Name and define the various offenses against truth  
CCC 2475-2487

Define martyrdom CCC 2473

### **Ninth Commandment**

Identify the ninth commandment CC 2514, 2528

Understand purity CCC 2520

Understand modesty CCC 2521-2524

### **Tenth Commandment**

Identify the tenth commandment CCC 2534

Identify when it becomes wrong to desire pleasant  
things we do not have CCC 2535

Define greed CCC 2535-2537

Define avarice CCC 2535-2537

Define envy CCC 2538-2540

## **Teaching Safety:**

## **Empowering God's Children**

### **Understand Prayer**

**Understand prayer is personal relationship with  
God**

Define prayer as a personal relationship with God  
CCC 2559-2565

### **Prayer in Scripture**

Give examples from the Old Testament in which God  
spoke to individuals and the individuals  
responded CCC 2566-2584

Explain how the Psalms are prayers which are both  
personal and communal CCC 2585-2589

Name various times and places in which Jesus prayed  
CCC 2598-2606

Name several teachings of Jesus on how to pray  
CCC 2607-2616

Explain specific phrases of the Our Father  
CCC 2659-2865

Identify prayers of Mary in the New Testament  
CCC 2617-2619

### **Prayer in the Church**

**Identify and describe prayer as blessing, petition,  
intercession, thanksgiving and praise**

Define/give examples of the basic forms of prayer:  
blessing, petition, intercession, thanksgiving, and  
praise CCC 2644-2649

Explain how the Holy Spirit in the Church, through  
tradition, teaches us to pray  
CCC 2650-52

Identify sources of prayer: Sacred Scripture, the  
liturgy of the Church CCC 2652-2662

Clarify roles in the way of prayer:

Prayer is primarily addressed to the  
Father CCC 2680

Prayer can be addressed to the Son  
CCC 2680

Holy Spirit is invoked as the Teacher of  
Prayer CCC 2681

We pray in communion with the Virgin  
Mary CCC 2682

We pray that the saints, as our guides,  
will intercede for us CCC 2692

Name those within the Church who assist us in the  
practice of prayer: family, priests, deacon,  
religious, catechists, prayer groups  
CCC 2685-2690

Identify the Church as the proper place for the  
liturgical prayer of the Church community  
and for adoration of the real presence of  
Christ in the Blessed Sacrament  
CCC 2691, 2696

Identify the three major expressions of prayer in  
Christian tradition: vocal, meditation,  
contemplation  
CCC 2699-2719, 2721-2724

Know the liturgical and traditional prayers of the  
Church CCC 2698

**Know the Magnificat and Come, Holy Spirit**

Sign of the Cross

Angel of God



Glory Be  
Grace Before and After Meals  
Hail Mary  
Our Father  
Act of Contrition (Traditional)  
Hail Holy Queen  
I Confess (Confiteor)  
Nicene Creed  
Holy, Holy, Holy  
Lamb of God  
Apostles Creed  
Rosary  
Angelus  
Act of Contrition (Contemporary)  
Act of Faith  
Act of Hope  
Act of Love

Experience:  
Stations of the Cross  
Morning Offering  
Divine Praises  
Litany of the Blessed Virgin Mary  
Litany of the Saints  
Latin Prayers: Kyrie eleison, Sanctus, Agnus Dei