

SACRAMENTAL PREPARATION

Program Content

Length of Preparation

Although preparation for a sacrament usually spans two years, each parish determines how many years, and which grade levels, of formal catechetical instruction need to be completed. Example: For those celebrating Confirmation in the 8th grade, this could mean enrollment and participation in grades 7 and 8.

Number of Sacrament Preparation Sessions

Sacramental preparation for Confirmation consists of 4 – 8 months of formal instruction; this may be adapted to meet the Confirmation date of your parish.

Preparation for Confirmation

During preparation for the sacrament of Confirmation, students are to study the fundamentals of the faith, with special attention to the nature and purpose of the baptismal character already received, and specific details about the nature and celebration of the Sacrament of Confirmation.

Curriculum Guidelines for the Sacrament of Confirmation, and Learning Outcomes for Years 1 and 2, are provided at the Diocese of Rockford Catholic Education Office's website. Implementing both sets of material will assist you in achieving the preparation necessary for this sacrament.

Material Selection

Primary curriculum materials are to be selected from the Conformity List found at the USCCB website. Anything not on this list is to be considered supplemental and used to enhance the primary curriculum.

Currently, DVD-based programs are not listed on the Conformity List. Those recommended by the Diocese of Rockford are:

- *Chosen* by Ascension Press
- *Decision Point* by Dynamic Catholic