

Theology of the Body

Before the session

1. Read Catechism paragraphs 355-384

From the reading:

- What stands out to you?
- What questions arise?
- What are the implications of this in your life/ministry?

2. Watch Fr. Michael Schmitz's video on YouTube, "Why God Gave Us Bodies"

<https://www.youtube.com/watch?v=B9rmXFG10fc>

- What are the six points Fr. Schmitz's uses to summarize St. Pope John Paul II's Theology of the Body?
- What stands out to you?
- What questions arise?
- What are the implications of this in your life/ministry?