

Prepare and Share a Mini Witness

Take some time to prepare your witness—your story of faith—using the prompts for reflection and composition on pages 153-155. Once you've identified an encounter with Jesus that you want to share as a witness to the Lord's impact on your life, use the tips to help you word your story in a brief and compelling way.

You will be sharing a three-minute and one-minute version of your story. Look for ways to communicate meaning that are brief yet interesting!

This isn't much time to write your story, but do your best. Repeat this exercise on your own to think through many different stories you could share to witness to how you have encountered Christ in your life.

1. Take ten minutes to reflect and write a three-minute version of your story.
2. Find a partner
3. Share a three-minute version of your story with your partner. Switch when the point person says time is up, even if you didn't finish!
4. Take a few minutes to prepare a one-minute version of the same story.
5. Find a new partner.
6. Share a one-minute version of your story with your partner, if you can!

Reflect

How has an encounter with Jesus given your life a new horizon and decisive direction?

Can you think of a big moment when you encountered Jesus personally, and it changed your life forever? Are you conscious of a time when you first said “yes” to Jesus?

Or, can you think of smaller moments where Jesus revealed more of himself to you, or you rededicated yourself to Jesus in a new, stronger, more surrendered way?

Write

How did you first come to encounter and know Jesus? Or how did you come to know Jesus more deeply at some point in your life? Briefly describe this:

Before that time or period of your life, what were you like? What was your life like? What things did you conflict with? Write down some adjectives or ideas.

After that time or period of your life, what were you like? What was your life like? What things did you do to overcome your previous conflicts? How did you grow up? Write down some adjectives or ideas.

Complete each space with a short word or phrase that best summarizes those moments, periods, or stages for you:

BEFORE I WAS

THEN, JESUS...

AFTER, I WAS...

Think about what you wrote above. Consider struggles, trials and triumphs in your life. Try to capture some of this into a brief narrative describing one significant way Jesus has changed you.