

**Ministry Formation 2022:  
Preview Sheet  
Eucharist  
Oct. 1 and Oct. 29**

Before your session, please read the following paragraphs 1322-1419 from the Catechism of the Catholic Church on the Eucharist. As well as Bishop Robert Barron's book *Eucharist*. Focus areas for this class will be Presence, Sacrifice, and Communion (referred to by Bishop Barron in his book as sacred meal). Please bring your Bible, Catechism and Eucharist book to the session.

Reflection Questions for Class:

1. What does the Church define as the "Real Presence" of Jesus in the Eucharist?
2. What is the meaning of the word Eucharist?
3. What are some passages from the Old Testament that foreshadow or prefigure the Institution of the Eucharist in the New Testament?
4. Why did Jesus establish the Eucharist at the Last Supper?
5. Why can it be said that Christ instituted the Eucharist for the same reason that he became Man?
6. How is the Eucharist the greatest of the sacraments and the summit of the sacramental system (sacramental economy)?

Optional reading or Resources for ones on spiritual Growth:

*Ecclesia De Eucharistia* written by Pope John Paul II Can be found [Here](#)

*Mysterium Fidei* written by Pope Paul VI can be found [Here](#)

The Seven Secrets of the Eucharist

*Jesus and the Jewish Roots of the Eucharist: Unlocking the Secrets of the Last Supper*