

PARTICIPANT REFLECTION
media forms, Catholic books, retreats, and webinars

Given the unique opportunity to use self-directed learning opportunities for catechist formation, it is recommended that approval be received from the Catechetical Leader or Principal before embarking on a self-study. Preapproval of self-study material is required to ensure that the material to be studied meets the criteria of the Diocese of Rockford Catechist Formation Program. Please complete the following section and discuss it with your Catechetical Leader **before** starting your study.

Catechist Name _____ Date Submitted _____

Title of Elective Session _____

_____ Anticipated number of hours to be granted upon completion. Determined by length of media form, retreat, or webinar. Books receive 1 or 2 hours of credit.

Pre-approved by _____ Pre-approval Date _____

Once approval has been granted, and the self-study is finished, it is required that you complete this form and share it with your Catechetical Leader or Principal **within two weeks** to receive credit towards formation. The purpose of this process is growth, not evaluation. It is to help you assess your own learning and how it can best be applied in your ministry. Credit toward your formation as a catechist will be entered on your Personal Formation Plan.

Due to the nature of this self-directed study write a paragraph for each question.

1. This media form or book was about:
2. The first thing that I learned from this media form or book was:
3. The second thing that I learned from this media form or book was:
4. The third thing that I learned from this media form or book was:
5. In my role as a catechist/teacher, I can use this material in my teaching by: (name two ways)

_____ credit hours are hereby given for completion of this self-study session.

Approved by: _____ Date: _____

Role: _____

(Catechetical Leader / Principal)

NOTE: Keep a copy of this form as a record of your completion.

Revised: 03/2024