

Preparation and Material Selection

Length of Preparation:

- While preparation length for Confirmation varies from parish to parish, the formation requirements remain the same. Some parishes choose a two year program, while many form their teens within 4-8 months.
- The length of formation is left up to the parish, who can better determine the needs of the youth and schedule their formation in order to meet those needs.

Material Selection:

- The primary curriculum materials for Confirmation should come from the USCCB's Conformity List, which ensures they align with Catholic teaching. Any materials not on this list should be used as supplemental resources.
- Some of the recommended programs include Chosen by Ascension Press, Decision Point by Dynamic Catholic, YDisciple (produced by NET Ministries), and Lifeteen's program titled 'Purpose'.

Here is a quick review of each of these programs:

- Audience Best Served
 - YDisciple: 7th-8th grade, churched families, kids in small groups with parent supplement resources
 - Decision Point: 4th-5th grade, already churched family catechesis; *while suitable for use with middle school formation with modification, it is better for a younger crowd*
 - Chosen: 6-7th grade, unchurched, family catechesis with parents
 - Purpose: 7th-8th grade, semi churched students, can be family or teens separated out
- Price
 - YDisciple: cost of subscription; pairs with NET's Confirmation Retreat
 - Decision Point: free, plus cost of shipping
 - Purpose: \$299 flat subscription fee with optional add on components
 - Chosen: 34.95 per student
- Length
 - YDisciple: four sessions
 - Decision Point: 12 sessions
 - Purpose: 12-24 sessions (suited to two-year programs, but can be modified for 1)
 - Chosen: 24 sessions