



Group 22 – Year 1- Preview Sheet

Session: The Trinity – Crystal Lake

Instructor: Rev. Aaron Downing

This course explores the central mystery of the Christian faith—the Most Holy Trinity. Through Scripture, Sacred Tradition, and Church teaching, participants will deepen their understanding of God as Father, Son, and Holy Spirit. The course will examine how the Trinity is revealed, articulated, and lived out in the life of the Church and in our personal relationship with God.

Overview of Class:

- A. The *mystery* of the Most Holy Trinity
- B. The Trinity in Scripture
- C. Articulation of the Trinity in Church Teaching
- D. The Trinity in relationship to us...
- E. Who is God? -The deeper meaning of the Trinity
- F. Who are we? *Imago Dei* – What does it mean to be created in the image and likeness of a God who is a Trinity?

Required reading for the course:

- *Catechism of the Catholic Church* paragraph numbers: §§232–267

Recommended readings:

- *De Trinitate* by St. Augustine
- *Introduction to Christianity* by Joseph Ratzinger (Pope Benedict XVI)