

The Catechumenate

Preview Sheet

Ministry Formation 2026

Before the session,

1. Read ***Christan Initiation of Adults*** on the USCCB's website. This page provides a brief overview of the Catechumenal process and the rites of OCIA (aka RCIA).
<https://www.usccb.org/beliefs-and-teachings/who-we-teach/christian-initiation-of-adults>
2. Read paragraphs **42-43** and **45-87** from ***Our Hearts Were Burning Within Us: A Pastoral Plan for Adult Faith Formation in the United States***. You are encouraged to read the entire document. However, the required paragraphs are most essential for our conversation.

As you read, ***Our Hearts Were Burning Within Us***, reflect on the following:

- What are the traits of a mature disciple?
- How can a parish invite and accompany a person immersed in the secular world to a life as a disciples of Jesus?
- The document offers a vision and mandate for the formation of adults in our parishes. How is your parish succeeding and how can it improve its response to this mandate?

A copy of the Our Hearts Were Burning Within Us can be found in the session documents folder or on the USCCB website.

Our Hearts Were Burning Within Us: A Pastoral Plan for Adult Faith Formation in the United

<https://www.usccb.org/beliefs-and-teachings/how-we-teach/catechesis/adult-faith-formation/our-hearts>